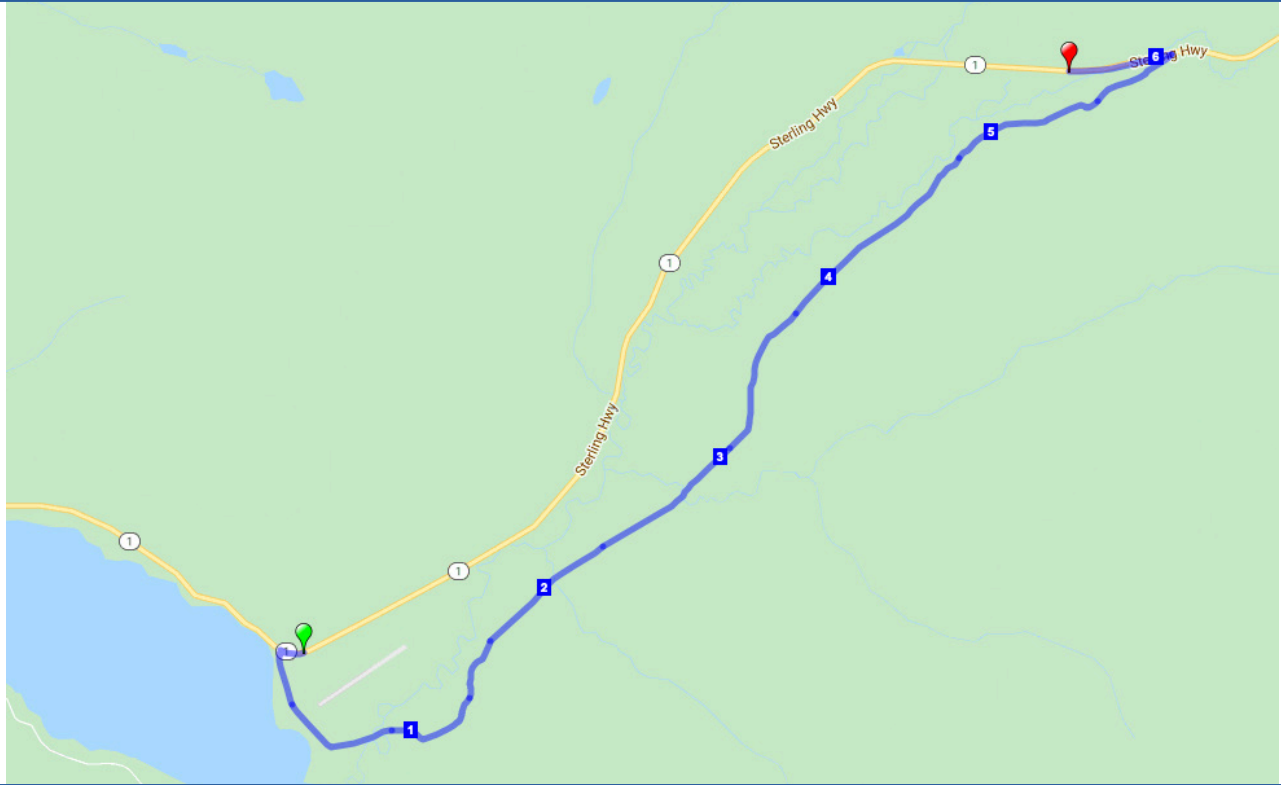


LEG 1

DISTANCE:	6.40
ELEVATION:	+730
RATING:	Moderate

EXCHANGE NOTES:



RUNNER NOTES

Forest road through the woods and back out to Sterling Hwy.
Race Crew will be patrolling, but Bear Spray suggested.

- Mile 0.15 - LEFT on Quartz Creek Rd
- Mile 3.2 - Stay LEFT at Rd Fork (Jeep Trail)
- Mile 5.75 - LEFT onto connector to Sterling Hwy
- Mile 5.9 - LEFT onto Sterling Hwy Shoulder

DRIVER NOTES

Right out of Cooper Landing Brewing Lot. Exchange is 4.75 miles east on Sterling Hwy